



# Mastering Leadership Effectiveness through The Seven Levels<sup>©</sup>

*From Fear + Frustration to  
Collaboration + Innovation*

**Rachel Tenenbaum | I AM Living**



# The 7 Levels<sup>©</sup>

<b>7</b>	<b>SYNCHRONICITY</b> love, harmony	Working from a true understanding that what is within creates what is outside; focus on creating a positive experience for all; the ability to see the gift and possibility in anything. The realm of “magical coincidence.”
<b>6</b>	<b>INNOVATION</b> objectivity, openness	The ability to set aside ego, personal agendas and perceived restrictions and explore possibilities from all angles; questing for, seeking, and focusing on the most effective solution to the problem or goal.
<b>5</b>	<b>ENGAGEMENT</b> motivation, tolerance	The desire to bring value, to be a contributor; basic enjoyment of the enterprise; focus on assets and strengths rather than limitations and detriments.
<b>4</b>	<b>COURAGE</b> bravery, resolution	The willingness to take a stand against previously held negative or disempowering beliefs and actions, trusting in the possibility of a positive future (often despite current evidence that a positive future is not likely or predictable).
<b>3</b>	<b>FRUSTRATION</b> anger, egotism	The focus on fighting and jockeying for position against (not with) others; the feeling that the external world (both people and circumstances) must be resisted.
<b>2</b>	<b>FEAR</b> anxiety, craving	The belief that one must protect against almost certain loss, attack or disappointment.
<b>1</b>	<b>HOPELESSNESS</b> shame, dispiritedness	The fundamental inability to see or work towards a positive future.





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# Get In Touch



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# THANK YOU

